

## Structured Medication Review with a Clinical Pharmacist

You might be invited for a face-to-face or telephone consultation to discuss your current medication.

### [Why do I need to have a medication review?](#)

The medication review appointment is a private and confidential meeting to discuss your medication. We know that people that take more than 4 or more different medicines each day need more help to ensure they are getting on well with their medicines. It is recommended that a review of your medication is carried out at least once each year (or more frequently if necessary).

The purpose of the structured medication review is to help you get the best from your medication as well as to help minimise problems arising from your medicines.

You and the pharmacist will discuss your all your medication in detail, including those prescribed elsewhere and bought over-the-counter. You will be able to ask questions about your medication and the pharmacist will amongst other things check your understanding of your medicines and that the relevant monitoring has been done. Any changes to your medication will be made with your agreement, and a record of the consultation will be kept in your medical notes.

### [How long are the appointments?](#)

Depending on you and how many medicines you have, the appointment normally lasts about 20 minutes. If it is not possible to discuss all of the issues surrounding your medications within one appointment, a follow on appointment may be required.

### [What do I need to do in advance of the review?](#)

- Make a list of all medication that you take, including any medicines, including creams and supplements that you buy or medication prescribed by hospitals. Do not worry if you have not managed to make a list; you can either bring your medication with or have them in front of you for the telephone appointments
- The pharmacist will also have access to your medication list prescribed through the GP practice
- Make a list of questions that you may have about your medicines.

### [How do I arrange for a Structured Medication Review?](#)

A member of the practice team will call you to make an appointment or you may receive a text message requesting you make an appointment.

You can also contact the surgery for an appointment, if you have concerns about your medication – please refer to the **Medication Review Screening Tool** for self-assessment.

### After the medication review

- You might be booked in for a follow up review appointment
- Your regular GP will be informed of any medication changes, as agreed with you during the review
- A summary of the meeting will be documented and saved in your medical record.
- Any tests or referrals to other health care professionals if required will be agreed and acted upon